

HOW TO TALK EFFECTIVELY ABOUT RACISM

SHIFT FROM SINGULAR VIEW OF SELF TO MULTI-DIMENSIONAL VIEW OF SELF

Some parts of us align with privilege and some parts with subjugation.



Each of us goes through the world thinking of self as subjugated self; this leads us to have a blind spot vis a vis others.

TASKS FOR WHITE PEOPLE

Differentiate between intention & consequences; adhere to consequences!



Pure intentions can render impure consequences!

Resist privempathy (privilege of empathy)

Avoid equalization of suffering

Develop thick skin



You have the most privilege; therefore, you have the greatest responsibility in the relationship!



TASKS FOR PEOPLE OF COLOR

Stop taking care of white people



You've been socialized to take care of white people; it's time for you to focus on allowing your soul to thrive!

Reclaim your voice

Find ways to regulate rage



PREPARE FOR CONVERSATION



Explore

Review Dr. Hardy's 10 underlying principles



Encounter

Create space to have talks



Engage

Interaction takes place once preparation and space have been made



Execute

Possibility of deep interaction and possible transformation to take place