



# TIS 101 Foundational Training

## **Primary Purpose:**

Knowledge change for all staff in the organization or network.

## **Activity Overview:**

The TIS 101 workshop can be delivered in the following ways (cost varies by delivery):

- Live, in-person TIS 101: 3.5 hours minimum Max participants: Varies by site; 200 person limit
- Live, virtual TIS 101: 4 hours (can be delivered in one session or two parts, two hours each); Max participants: 75 people

## **TIS 101 Learning Objectives:**

- Understand the effects of stress and trauma on our brains and bodies.
- Understand the effects of stress and trauma on our lives and the lives of those we serve.
- Understand the six principles of trauma-informed systems and applications to interpersonal and organizational practices.
- Learn 1-3 trauma-informed care strategies to apply with clients, partners, and colleagues.
- Learn about the impact of organizational trauma on individuals and strategies to improve organizational functioning for the workforce and consumers/clients.

## **TIS 101 Evaluation:**

Each TIS 101 workshop includes an evaluation component that measures attitudinal change, knowledge change, and a unique Commitment to Change activity that promotes application toward practice change.

**CONTACT US**