

For each item, answer based on your experience over the past 6 months. Consider the extent to which you agree that the agency incorporates this practice using the identified scale: (4) strongly agree, (3) agree, (2) disagree, (1) strongly disagree; if you are unsure, please answer do not know, or not applicable to my role.

1. Supporting Staff Development

A. Training and Education <i>(Staff at all levels of the program receive training and education on the following topics)</i>	(4) Strongly Agree	(3) Agree	(2) Disagree	(1) Strongly Disagree	Do Not Know	Not Applicable to My Role
1. What is traumatic stress.						
2. How traumatic stress affects the brain and body.						
3. The relationship between mental health, substance abuse, physical health and trauma.						
4. How trauma affects a child's development.						
5. How trauma affects a child's attachment to his/her caregivers.						
6. The relationship between childhood trauma and adult re-victimization (domestic violence, sexual assault).						
7. Cultural differences in how people understand and respond to trauma.						
8. How working with trauma survivors impacts staff.						
9. How to help participants identify triggers (reminders of dangerous or frightening things that have happened in their past).						
10. How to help participants manage their feelings (helplessness, rage, sadness, terror).						
11. De-escalation strategies (ways to help participants calm down before reaching the point of crisis).						
12. How to develop safety and crisis prevention plans.						
13. What to ask in the intake assessment and how to ask in a sensitive and understanding way.						
14. How to establish and maintain healthy professional boundaries.						